

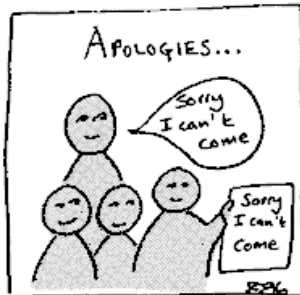
Good Health Group

The meeting was on
Wednesday 18th January 2006



People who came:

- Anup Upadhyaya
- Eddy McDowall
- Holly Carpenter
- Jackie Roberts
- Pat Purkis
- Sheila Seymour
- Sue Chapman



People who couldn't come:

- Jill Turner
- Louise Lewis

We decided to look at the work we have
already done in the Good Health Group



- The group has been meeting for nearly 3 years
- We have developed lots of links with people in the South East region
- We have been to some meetings in other places
- We have started to make good links with the Hospitals (mainly The John Radcliffe)
- There has been a good meeting with Dental Services
- The Good Health Framework (The Big Health Plan) has been written

- Health Facilitation is progressing in the Learning Disability Teams
- Health Action Plans are being introduced to people
- The Health Co-ordinator (Sue Chapman) is in post working for the Partnership Board 21 hours a week

We realised we had done quite a lot of work.



What do we still need to do?

- We need to look at the Action Plan and see how we can do that work – we are going to meet monthly for a while, to catch up on some of the work.
- We need to build on our links with the
 - Acute Hospital
 - Dental Services
 - Providers
 - local Colleges
 - Carer's groups
 - and other groups we might think will be good to work with
 - Getting a Life Group
 - Primary Care Trust's and GP's
 - Mencap
- We need to set up some sub-groups to help progress the work. These will be for
 - Acute Hospitals
 - Health Facilitation/ Health Action Planning (this is already set up)
 - Health Promotion.
- We need to work with the Contracting and Commissioning Team to make sure Good Health is included in contracts with Providers
- We need to look at training needs and look at doing some training for Doctors and Nurses



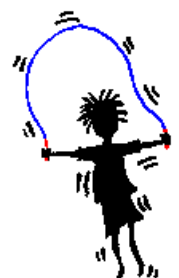
- We need to have a purpose and clear direction for each group and the work we are doing.

We talked about who should come to the Good Health meetings to help to do the work



Everyone present was happy to continue to attend...

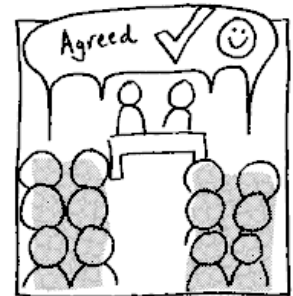
- Sheila will be a link with Carers groups and would like to work with GP's
- Pat will work with the Patient and Public Involvement Team
- Holly will represent In- Patient services
- Anup attends as a service user and works with My Life My Choice
- Eddy is the link to the Partnership Board and the Getting a Life Group
- Sue is the Health Co-ordinator
- Jackie works in the Learning Disability Team
- Jill is happy to continue the work with the Acute Hospitals
- We agreed we need people from the
 - Primary Care Trust
 - Acute Hospital Trust
 - Providers
 - and other people with a learning disability
- Sue said she would make some contacts and send invites to new people
- We also said we needed someone from the Fighting Fit Project
- We thought that there would a group of people who came to every meeting. There would also be



other people who come to the Health Focus meetings which we will hold on alternate months.

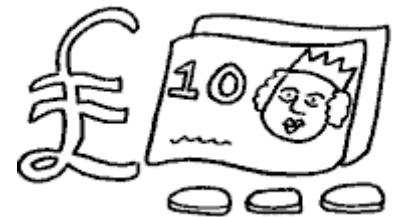
What will we do at the meetings?

- We will have two sorts of meetings. One will be to discuss the Framework (Big Plan) and to have reports from the subgroups. We will look at the progress and discuss any changes to the Plan.
- The other will be a meeting about a health issue and will have invited guests to talk about what they can provide and how we can work together.



We looked at whether we needed more money to do this work

Eddy is going to put a request in for some money for...



- Health Profiles/Health Action Plans - £2,000
- Extending the Health Co-ordinator post for another year - £18,000
- Leaflets and information to help us with our work - £1,000
- Other expenses for holding the meetings (travel, room bookings) £1,000

When is the next meeting?

We are meeting on
Monday 20th February
from 10.30 to 12.30
at **The Abbey Centre in Abingdon**

