

Good Health Group

The meeting was on
Monday 20th February 2006



People who came:

- Anup Upadhyaya
- Eddy McDowall
- Holly Carpenter
- Tina Neil
- Cheryl Ward
- Richard Preston
- Jill Turner
- Pat Purkis
- Sheila Seymour
- Sue Chapman
- Dawn Wiltshire
- Simon Osborne
- Patricia Miller



People who couldn't come:

- Doug Alexander
- Jackie Roberts

Introduction

1. As we had new people at the meeting we introduced ourselves. Some people hadn't been able to come but will hopefully be at the next meeting.
2. Sue went through the minutes of the last meeting as this helped the new people to understand more about our work.
3. Sue had been able to meet with people from the Fighting Fit Project and had held two meetings for

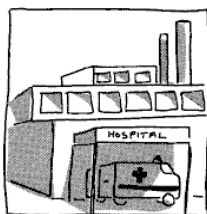
Health Facilitation. She had also been making lots of contacts and talking to groups about the Good Health work.



Information from the groups linked to the Good Health Group.

1. Acute Hospital

Jill talked about the work she had been doing with the John Radcliffe Hospital. She has been meeting with the PALS (Patient Advice and Liaison Service) Manager and had been hoping to introduce some ways of working that would help people with a learning disability when they go to the Hospital.



This work is quite slow at the moment and we need to hold some more meetings on the Hospital site. Particular issues are about people getting help at mealtimes and help for carers when supporting someone in hospital. Communication and Information was also raised as being important.

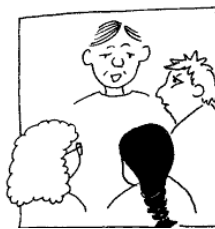
ACTION: It was agreed to set up a sub group. Pat, Sue and Jill are happy to attend and we would need someone representing the Provider organisations as well as someone who has a learning disability. We will ask for the PALS managers to attend and for a representative from the Patients Panel at the JR to attend.

2. Health Facilitation

Sue talked about the work being done in the Health Facilitation group. They are looking at the process of Health Facilitation and how it will work for everyone. It has been helpful having different people at the meetings to see how other people will understand what Health Facilitation is. They are going to do some work on Health Action Plans as well.



Sue said she would talk more about Health Facilitation at another Good Health meeting when more information was available.



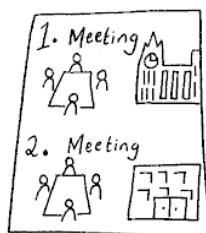
Health Action Plans

The meeting broke into groups to look at an example of a Health Plan and to give comments on the information in the Plan. We discussed the comments and Sue said she would do more work on the Health Action Plans and bring some other one's to the next meeting.

Topics for future meetings

We want to have some discussions at some of the meetings. Some suggested topics are people coming to talk about the

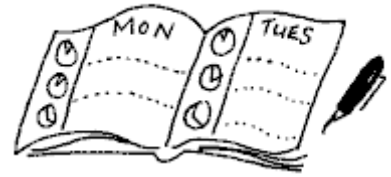
- Women's Health
- Men's Health
- Fighting Fit Project
- Some other areas may include the new Government guidance, 'Our Health, Our Care, Our Say?' and local Primary Care services.



Sue agreed to arrange the meetings to include some of these topics.

When is the next meeting?

We have set the dates of the meetings for the next year.



The next meeting is on Monday 20th

March 2006 10.30 - 12.30 at The Slade, OLDT,
Horspath Driftway, Headington, Oxford OX3 7JH.

Due to the room size could you please confirm if you are able to attend.

The meetings for the following months are:

Monday 24 th April	10.30 - 12.30
Monday 22 nd May	10.30 - 12.30
Monday 19 th June	10.30 - 12.30
Monday 17 th July	10.30 - 12.30
Monday 18 th September	10.30 - 12.30
Monday 16 th October	10.30 - 12.30
Monday 13 th November	10.30 - 12.30
Monday 11 th December	10.30 - 12.30

Venues and topics to be confirmed shortly.

